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Pensacola Park Post

A Monthly Pensacola Park Neighborhood Association Distribution
Find us also on the web @ www.PensacolaPark.org

PENSACOLA PARK NEIGHBORHOOD ASSOCIATION'S ANNUAL PLANT SALE AND ART FAIR IS HAPPENING THIS MONTH!

Pensacola Park Neighborhood Association is having our annual plant sale to raise money for Pensacola Park. 100% of all proceeds go towards future matching grants and neighborhood improvements for the neighborhood, and future publications of Pensacola Park Posts. This is our neighborhood's largest fundraiser, so please come support and purchase some plants! We have also expanded this year to include local neighborhood artists who will be selling their own items. 100% of those sales go directly to supporting your local neighborhood artist, so show your support and buy local!

WHEN: MAY 20TH 9 AM - 2 PM

WHERE: Behind Hunter Presbyterian Church at the community garden center, 109 Rosemont Garden Lexington KY 40503

WHO/WHAT WILL BE THERE?

- PPNA will be selling perennial, vegetable, and houseplants to raise money.
- Local neighborhood artists will be selling their items at their own booths.
- Donations this year are from: neighbors providing plants, down to earth donating leftover plants from their sale (the weekend prior to ours), and sunshine grow house providing plants; gift cards for our raffle this year will be from: King's Garden Center, Landscaper's Corner, Wilsons Nurseries, and Good Food Coop.

CAN YOU STILL DONATE OR PARTICIPATE IN THE EVENT?

Yes!
If you still have PLANTS to donate, please make sure to drop them off to the porch of 1859 Nicholasville Rd. no later than Monday the 15th; this gives us a chance to price them out before the event. Please make sure that all plants being dropped off have been potted up with soil. If you need a pot or soil, we have some of these available on the same porch listed. All freshly dug plants need at least 4 days to recuperate in a pot, otherwise we would have a lot of wilted plants at the plant sale.

If you are wanting to showcase your art or crafts, it is \$20 dollars to showcase at the event. Please let us know before hand, and if you need a table and chairs (we cannot provide a tent for shade). There is no wifi at the event, so please make sure you have the ability to do cellular or be able to get a hotspot. There is also no electricity at the event.

MARK YOUR CALENDARS:

- June: The neighborhood summer solstice picnic will take place on June 24th at the Goodrich green space (at the end of Goodrich). Grilled burgers/hotdogs, drinks, and chips will be provided by PPNA. If you can, bring a dish to share. More information coming in the June newsletter.
- July: Neighborhood Treasure Hunt coming up. We will release the first clue and details of the hunt in the July newsletter.
- August: Neighborhood yard Sale coming up on August 11-12. We will update with additional details as we approach the date. Just keep this in mind.

WINDSTORM:

While there is no guarantee we can save all our trees when the next windstorm comes, trees with the following attributes have the best chance. In addition to overall health, the trees that have strong roots (deep and extensive), flexible wood, a thick trunk, and are native to our area can usually survive high winds. Certain trees are quite wind resistant. These include, but are not limited to, American Beech, American Holly, American Persimmon, Baldy Cypress, Basswood, Carolina Silverbell, Dawn Redwood, Eastern Red Cedar, Flowering Dogwood, Green Giant Arborvitae, Norway Spruce, Redbud, Southern Magnolia, and Sweetbay. If you're concerned about whether your trees can withstand a windstorm or the general health of the tree(s), contact a local tree company for an assessment. It's better to know the health of your trees than to be surprised during a windstorm.

HISTORY CORNER: U.S. Narcotic Farm by Rebecca C. Glasscock

Seemingly so far removed from our present-day experience was the U.S. Narcotic Farm, established in 1935. At the time, it was considered a place for the humane treatment of drug addiction. Drug addicts could volunteer to come to this hospital, surrounded by a thousand acre farm, for treatment. Concurrently, it was a federal prison that incarcerated convicted addicts. Having these two populations in the same facility was unorthodox, but even more so was the drug and addiction research. While considered the world's epicenter for this type of research, the subjects were prisoners who "volunteered" as guinea pigs for the experiments. They were generally rewarded with bonus doses of heroin. When the U.S. Narcotic Farm opened in 1935, Ralph Brown, a psychologist who moved to 180 Rosemont in 1935, joined the staff as a Psychologist. Within a few years, the name of the facility had been changed to the more anodyne U.S. Public Health Service Hospital. Two more residents of Pensacola Park joined the staff: Wesley Porter (who moved to 156 Wabash in 1942) and Retha Powell (who moved to 156 Goodrich in 1942). Porter served as an attendant and Powell as the sewage plant operator. This facility was certainly one of a kind: the experiments were increasingly scandalous, and concurrently it became associated with a growing drug subculture that included famous jazz musicians and others of renown. In 1967, the name was changed to the National Institute of Mental Health, Clinical Research Center. By the 1970s, as our country's drug policies changed and amidst scandals, the program was shut down. In 1974, the facility became a federal minimum security prison. A book about the facility was written. A documentary, entitled *The Narcotic Farm*, first aired on public television in 2008.

MAY IS MENTAL HEALTH MONTH

Since 1949, the U.S. has recognized May as Mental Health Awareness Month. This year's theme is "Look around, Look within". If you or someone you know is struggling, the neighborhood is here to help. If you are feeling out of sorts and would like someone to walk, talk, listen, or sit on your porch with, please reach out to the neighborhood email. There are many in the neighborhood that would love to visit with you. We all have stories to tell, and an ear to listen. You are not alone. Also Lexington's chapter of National Alliance on Mental Illness (NAMI) has its Inaugural Run for Hope 5K on May 21st at 3:00 p.m. at Coldstream Park. The purpose of the run is to raise funds and awareness to provide hope to individuals and families through compassionate clinical counseling. The host this year is the Hope Springs Counseling Center. For more information, Google "Run for Hope 5K Lexington."

HOW TO ORDER A PENSACOLA PARK EMBLEM

Please visit our website www.pensacolapark.org to order any emblems, or write us at pensacolapark@gmail.com. Payment is via paypal, check, or cash. Metal Plaque is made up of holly bronze and comes in two sizes: 8x8 (\$165) and 5x5 (\$80)



PLEASE CONSIDER DONATING TO PENSACOLA PARK NEIGHBORHOOD ASSOCIATION

As an organization we do not currently collect any neighborhood association dues, instead we function off of grants, fundraisers, and donations from the neighborhood. Donations allow us to go after matching grants, buy trees to increase our canopy, improve street conditions, throw community events, and be able to print this newsletter. If you would like to donate, you can either:
(1) Drop off Cash or Check to our GREEN PPNA mailbox at 107 Lackawanna Rd / (2) Use Paypal @ pensacolapark@gmail.com

ABOUT PENSACOLA PARK PRESERVATION SOCIETY AND PENSACOLA PARK NEIGHBORHOOD ASSOCIATION

Pensacola Park Preservation Society is a non-profit 501(c)3 formed by Pensacola Park Neighborhood Association in order to bring together residents and businesses located in the Pensacola Park Nationally Registered Historic Boundary, for the common good of (1) preserving the historic integrity and resources of the area; (2) creating an environment that promotes sustainable and appropriate growth for the neighborhood; (3) providing historic education and assistance to those in the Pensacola Park Neighborhood for the preservation and rehabilitation of historic homes, structures, and landscapes; and (4) Unifying and being representative of all the original streets in the Pensacola Park Historic boundary. Also check us out online at www.pensacolapark.org, and follow us on Facebook @ Pensacola Park Neighborhood Association.

If you have any questions or would like to submit topics or op-eds to Pensacola Park Post, please feel free to write us at pensacolapark@gmail.com. If you would like to stop receiving the free monthly post, please write us and put "stop post" in the heading, along with your physical address. Thank you.

Pensacola Park Neighborhood Association (PPNA) and Pensacola Park Preservation Society (PPPS), our nonprofit. PPNA/PPPS represent ALL streets in Pensacola Park Historic District, including: Goodrich, Lackawanna, Nicholasville, Norfolk, Penmoken, Pensacola, Rosemont, Suburban, and Wabash.